

# Terms & Conditions

- 1) All payments must be made monthly via Go Cardless or Direct Debit. A link will be sent to you upon joining to set up through our payment system.
- 2) Monthly payments are calculated based over the year. If you are to withdraw from Pilates by Philippa Ltd then your account will be reviewed and if there is an outstanding balance this will need paying within 31 days or a refund will be made to you within the same timeframe.
- 3) As monthly payments are calculated over the year you are not to cancel the direct debit over a holiday period, such as Christmas or summer holidays. Doing this will mean that your account will have an outstanding balance and you will have to pay the amount owed immediately before continuing with Pilates by Philippa Ltd.
- 4) It is your responsibility to ensure that you are in good health and do not suffer from any condition(s) or physical impairment(s) which could prevent you from completing the course sessions safely. You must notify your instructor prior to commencing any Pilates by Philippa Ltd session of any such condition(s) or physical impairment(s) which could prevent your safe participation in the Pilates by Philippa Ltd exercise programme and seek medical advice in respect of the same.
- 5) You will be required to complete a medical questionnaire prior to commencing any course. No amendments by you to the form of disclaimer will be accepted.
- 6) Please understand that partaking in any of the Pilates by Philippa Ltd exercises or programs is done completely at your own risk and by agreeing to these terms and conditions you absolve Pilates by Philippa Ltd or any of the trainers any responsibility of injury.
- 7) We require a minimum of 6 people to run a Pilates by Philippa Ltd group course and therefore we reserve the right to cancel a Pilates by Philippa Ltd group course prior to the start date advertised should we not have sufficient uptake. In the event that we do cancel a course, you will be refunded in full.
- 8) You are advised that in booking a 121 or Masterclass, you are reserving a time exclusively for your session. We require twenty-four hours' (one working day) notice for cancellation of any appointment to avoid incurring the full cost of the booked session.
- 9) Where you have booked a package of 121 sessions, these must be taken within 6 months. No refunds will be given for unused sessions.
- 10) You certify that your answers to the questions outlined on the enrolment form and other assessment forms are true and complete to the best of your knowledge. You understand and agree that it is your responsibility to inform your instructor of any conditions or changes in your health, now and ongoing, which might affect your ability to exercise safely and with minimal risk of injury.
- 11) As a participant of Pilates by Philippa Ltd, you understand the potential risk of participation in training/practices/activities and will take full responsibility for your actions throughout the duration of the training sessions. You agree not to hold the organisers, instructors, trainers or coaches responsible for any circumstance or situation that might arise except in the case of physical injury having been caused by the gross negligence or intentional act of your trainer.
- 12) Photo release/quotes. Action photos may be taken by the trainer or their assistants throughout the term for the purpose of promoting Pilates by Philippa Ltd and colleagues. The photos will not seek to demean the trainee and you consent to such photography – we will also tell you when we are photographing, giving you the opportunity to stand aside. The photos may be printed in newspapers, magazines, websites, commercials and other forms of advertising. You agree that these photos are the property of Pilates by Philippa Ltd and Philippa Burnett and may be used at any time for promotional purposes. You also agree that any quotes given in surveys, feedback or testimonials may be used for promotional purposes only. Subject to the aforementioned, the obligations of the signatories to these Terms and Conditions under this clause survive the expiry of your period of training.
- 13) You can view our privacy policy online at [www.pilatesbyphilippa.com/privacy](http://www.pilatesbyphilippa.com/privacy) to understand how we process the personal data you have given.

I hereby agree that I have read and understand the above terms and conditions and that I would like to fully participate in this course.

**Signature:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

You can find a copy of these terms and conditions on [www.pilatesbyphilippa.com/privacy](http://www.pilatesbyphilippa.com/privacy)